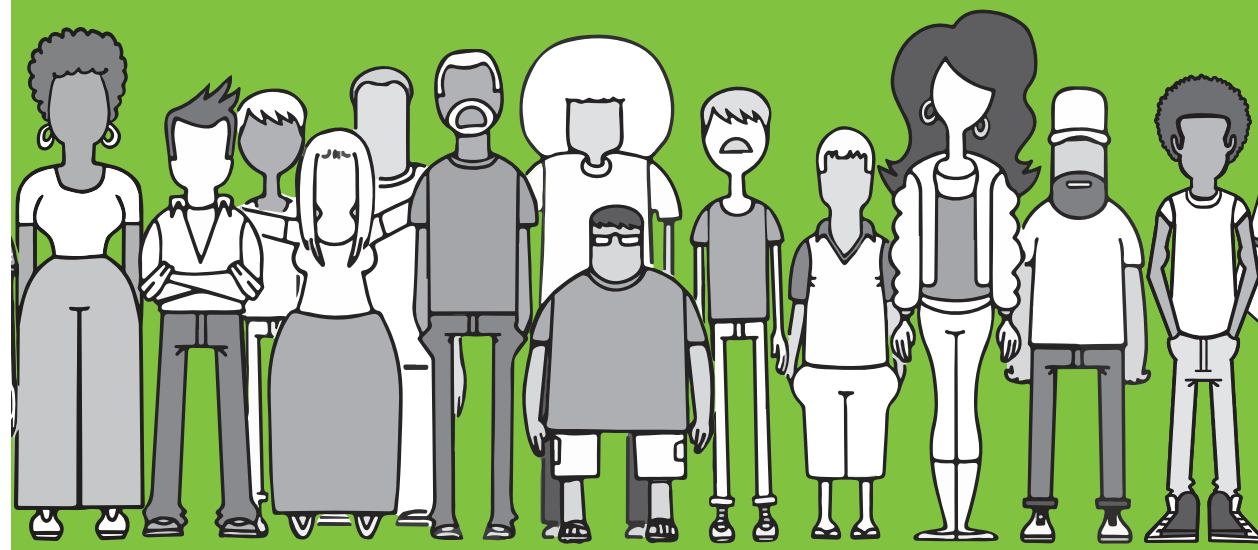




There's something everyone
can do to help stop HIV.



TOGETHER WE CAN HELP STOP THE VIRUS.

Gilead proudly supports the
In My Mind: A LGBTQ Peoples of Color
Mental Health Conference.

LET'S GET STARTED.
HelpStopTheVirus.com



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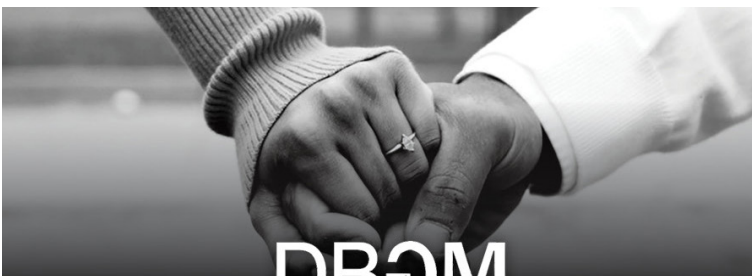
Every COMMUNITY
DESERVES good HEALTH.



The Office of Minority Health Resource Center is proud to support the
People of Color LGBT Mental Health Conference.



minorityhealth.hhs.gov | 800-444-6472 | info@minorityhealth.hhs.gov



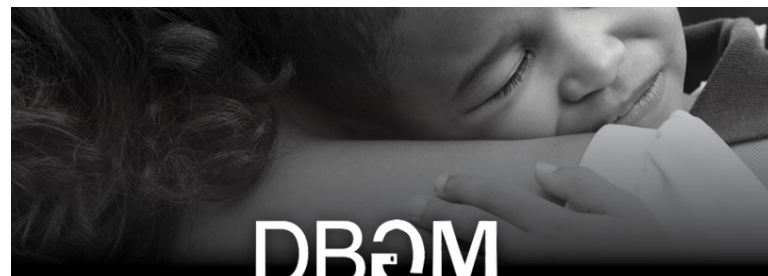
DBGAM
 “I AM WORKING ON HEALING”
invites you to join us for
SONS

seeking affirmation from their mothers:
 • for a discussion on acceptance
 • who you are/how do you see yourself?
 • reconciling acceptance of self with mother’s non-acceptance

Monday, Sept 11, 2017
 6:30pm to 8:30pm
 continuing every Monday for six weeks
 Touro College, 231 West 124th St, 3rd floor conference room, NYC

For gay/SGL men of color (Black, Latino, Native American, etc.) with licensed, qualified, and experienced, mental health professionals.

CONFIDENTIALITY ASSURED!
 Register, go to sonsmothers@dbgm.org
 For more information www.dbgm.org
 Register for “Sons” <http://bit.ly/2gkfctC>



DBGAM
 “I AM WORKING ON HEALING”
invites you to join us for
HELPING EVERYWOMAN RESTORE (HER)

for mothers of color:
 • struggling to accept their sons for who they are
 • whose sons died from HIV/AIDS or suicide
 • who haven’t grieved and mourned, and
 • who blame themselves

Tuesday, Sept 12, 2017
 6:30pm to 8:30pm
 continuing every Tuesday, for six weeks
 Touro College, 231 West 124th St, 3rd floor conference room, NYC with licensed, qualified, and experienced, mental health professionals.

CONFIDENTIALITY ASSURED!
 Register, go to sonsmothers@dbgm.org
 For more information www.dbgm.org
 Register for “HER” <http://bit.ly/2vydjfM>



END AIDS. LIVE LIFE.

Kelsey Louie, CEO

and the Staff and Clients of
 Gay Men’s Health Crisis

congratulate

DBGM

for their leadership in organizing

In My Mind

and ensuring the mental health of
 LGBT people of the Black diaspora.



We’ll see you next year!

Save the Date:
 October 4-5, 2018



www.mcny.edu

Metropolitan College of New York
 Community Commons, 1st Floor
 60 West Street (@ Rector Street)
 New York, NY 10006

ACKNOWLEDGEMENTS

DBGM’s Board of Directors acknowledges the commitment and generous support of the volunteer conference planning team who saw the progress from concept to execution:
 Daton Haywood, The Copper Complex;
 Chuck Tarver,
 Andre Charles Walker,
 Elijah Li and George K. Jordan, SOULE;
 Lissette Marerro, MSW;
 Barbara Liang;
 the staff of the New York State AIDS Institute
 the staff of the New York State Department of the Office of Mental Health
 Mary Perez and Poonam Mishra, The Stewart Hotel

The Board of Directors
 of DBGAM, Inc.

are pleased to announce the collaboration with the Board of Trustees of the Metropolitan Community College, New York, that the 2018 In My Mind: A LGBTQ Peoples of Color Mental Health Conference will be held at the Metropolitan Community College, New York (MCCNY) on October 4 and 5, 2018

October 5, 2017

Dear Conference Attendee,

Greetings.

Before last year's elections, nervous pangs gnawed at us. We saw trends and we knew our choices; we balanced on a knife's edge: a feminist versus a racist and bigot. Many in LGBTQ communities were concerned that if the latter won, based on his campaign rhetoric, rights and healthcare would be in jeopardy. Our communities have been under relentless assault and siege since November 9; those hard fought for rights are under attack and the facilities provided by the Affordable Care Act, especially expanding mental health care, are under threat of elimination. For many LGBTQ peoples of color, who were beginning to accept the need for mental health care and, that it was, at last, affordable, were thrown into confusion and uncertainty – two toxic factors, which lead to further destabilization.

This year, our conference attempts to provide LGBTQ people of color communities with the tools, the resources and the confidence to navigate racism, bigotry, misogyny, homophobia, and transphobia as they search for and to obtain mental health care. We are honored by the overwhelming responses to our call for abstracts, and with gratitude to our team of independent reviewers for their recommendations; selection was competitive. Congratulations to those selected to present workshops, panel discussions and stand-alone presentations.

The conference schedule this year reflects the diversity in the many different aspects to mental health for LGBTQ peoples of color, and demonstrates the need to continue raising awareness, to systematically and methodically chip away at the pervasive stigma and discrimination surrounding mental health.

Significantly, with plenary speakers and breakouts, mental health professionals, academics and advocates will challenge traditions and break taboos in peoples of color communities, and as they do, focus on how and in what ways both clinicians and consumers can – against the backdrop of an increasingly hostile climate – obtain resources, gain knowledge and information, be educated, and identify networks for collaborations and service.

We extend gratitude to our sponsors and partners, who recognized the importance of bringing mental health in peoples of color communities out of the shadows of shame into the light, for healing.

As members of the Planning Team, we are part of a collaborative and community-oriented conference, representing many genders, sexual identities, and shades of brown – people of color; reflected in the conference logo.

“Participating in the planning of this conference has been a great experience. As a social worker, LGBTQIA advocate, ally and person of color, it is imperative that we create platforms to address mental health issues affecting our most vulnerable and marginalized communities. I hope that the information provided here will be far reaching and transformative for those dealing with mental health issues as well as those providing mental health care,” says Programming Team member Lissette Marrero, MSW, Regional Resource Consultant, HIV/AIDS Regional Resource Network Program, U.S. Department of Health and Human Services, Office of the Assistant Secretary for Health - Region II.

“SOULE is proud to be part of the 2017 In My Mind Conference. This event is so necessary for our community and we are excited to talk about real change,” says Public Relations and Media Team member George Kevin Jordan, MFA, Editor-in-Chief, SOULE.

“It has been an honor and service helping to plan this conference. As a journalist, I've covered many stories surrounding mental health in the LGBTQ community and often don't see viable solutions for members of color. Working on this conference has been a labor of love and a crucial step to breaking down the intersectional barriers that often stand in our way,” says Public Relations and Media Team member Ernest Owens.

“I am excited to have a platform to discuss barriers to progress, as well as to create opportunities for healing. This conference provides a safe space to educate and advocate for experiences unique to both race and sexuality, and sexually marginalized communities,” says Operations Team member Daton Haywood, Founder, Copper Complex.

“As a post-9/11 War Veteran who lives with PTSD, planning this conference has allowed me the opportunity to serve a critically-needed and under-resourced aspect of the Queer POC community. This conference has the potential to have far reaching implications for Queer POC communities, both now and in the future, largely by its very existence,” says Digital and Social Media Team member Karen-Nicole “Cole” Knapper, Ed.M., M.A., Captain, United States Army, (Retired); Owner, Cole Technology Consultants.

“I joined the conference to support the voices in the Black and Brown communities that unknowingly struggle with depression,” says Operations Team member Andre Charles Le'Shawn Walker, a former Alvin Ailey Repertory Ensemble dancer.

“Mental health is a neglected area. LGBTQ people of color are shunned. The 2017 In My Mind: A LGBTQ Peoples Of Color Mental Health Conference is designed to call attention to this intersection. I'm involved to help break the stigma and create a healthy environment for all people,” says Chuck Tarver, MA.

We trust you are able to make the best of this conference, to learn and network.

Welcome!

Sincerely,

2017 In My Mind Conference Planning Team

HOUSING WORKS IS PLEASED TO SUPPORT DBGM AND THE IN MY MIND CONFERENCE 2017

 **HOUSING WORKS**

 **HOUSING WORKS
COMMUNITY
HEALTHCARE**

GMHC SPONSORED

Threshold of Trust: Why Home-Grown Mutual Aid Groups Matter and Implications for Policy & Practice

Co-Presented by: **Armstrong Tingwane, MPhil.** and **Durell Knights, GMHC**

Fitzgerald Ballroom

GMHC's model for low-threshold groups has been effective for clients. This presentation provides two examples: the Evolution Group, which provides mutual support to Transgender and Gender Non-Conforming (TGGNC) individuals; and the Barbershop Group, which provides intergenerational support for men who have sex with men. Presenters will describe each program through the voice of facilitators/clients and demonstrate its effectiveness through engaging case discussions and data from client feedback.

Session V (2:05pm to 3:20pm)

Do you see me? Viewing Trauma Treatment through a Cultural Lens

Co-Presented by: **Adjoa Osei, Psy.D.**, and **Jessica Harbaugh, Ph.D.**

Wharton Room

Despite the growing numbers of hate crimes violence against lesbian, gay, bisexual, transgender, and queer (LGBTQ) people of color (POC) each year (National Coalition of Anti-Violence Programs, 2016), the attack on these intersecting identities is not well understood in professional mental health settings or in academic literature. This presentation will explore Judith Herman's (1997) three-stage model for trauma treatment and its relevance and potential limitations for working with clients who are LGBTQ POC.

Positive Youth Development (PYD)with LGBTQ Youth of Color with Mental Health Issues: An Anti-Oppressive Approach to Practice

Co-Presented by: **De'Shay Thomas, MSW**; **Lynn C. Holley, PhD, ACSW**; **Nora Gustavsson, PhD**

Rockwell Room

This presentation will provide an overview of an anti-oppressive approach to PYD that speaks to the unique experiences of LGBTQ youth of color with mental health issues. Grounded in intersectionality and anti-oppressive practice, presenters will illustrate how critical consciousness can transform all aspects of the Five Cs and that a sixth C – change-making – is needed. Two case vignettes with interactive questions will be used to facilitate dialogue around positive development for LGBTQ youth of color with mental health issues.

Crisis Centers: Building Intersectional LGBTQ Cultural Competence to Recognize Race in Suicidal Crises

Presented by: **Adam D. Swanson, MPP**

Gillespie Room

Suicide is the second leading cause of death in the U.S. for individuals aged 10 to 34, and research highlights increasing rates of suicidal crises among Black adolescents. Yet, many crisis providers lack training on how intersectional minority identities can influence suicide prevention service engagement. A crisis center provider training curriculum is being developed to address the unique needs to LGBTQ youth of color. This session will provide an overview of the proposed curriculum framework, design, and future opportunities to improve crisis services for LGBTQ individuals of color.

Here We Are Safe (Subtitle: The Need for Therapeutic/Social Supports in the Masculine Trans/GNC Community)

Presented by: **Jaro Montana, LMSW**

Astor Room - 1

Group therapy has long been proven as beneficial to the LGBTQ community, but a lack of Transgender/Gender-non-conforming resources has left a large gap in mental healthcare. As providers we can offer these much needed services, but we must learn how to create a safe space for social supports in and out of a therapeutic setting. This workshop will allow an interactive opportunity to experience a group from the client's point of view.

Restoration: Implementing a Trauma Informed Faith-based Mental Health Model

Co-Presented by: **Millicent Freeman, Ph.D.** and **Janet Lerner, PhD, LCSW**

Astor Room - 2

Presenters will assist with defining traumatic social determinants impacting the lives of men, with a review of Project Restoration: healing the emotional wounds from childhood abuse, neglect, and stigma; overcoming the values conflict between lived experiences, and, the skills needed to be successful in establishing and maintaining healthy relationships; and steps in developing a program that can be, replicated for diverse faith-based groups

Addressing intersections of violence in the LBGTO and HIV affected communities

Presented by: **Lisette Marrero, MSW**; **Darlene Torres, LMSW**; **Asia Lyons, BA**

Fitzgerald Ballroom

This workshop focuses on the work of the NYC Anti-Violence Project regarding intimate partner violence with the lesbian, gay, bisexual, transgender, queer and HIV affected and infected (LGBTQH) communities. After this workshop, participants should be able to understand community-based approaches to addressing LGBTQH violence, identify best practices in working with survivors, and gain increased awareness and foster a deeper understanding of LGBTQH hate violence within the context of social justice and anti-oppression paradigms and movements.

DAY 1 – Thursday, Oct 5, 2017

Time	Activity	Presentation Titles	Presenters	Location
7:30am	Registration	Check In/Registration	Everyone	Conference Area Lobby
to 8:45am	Coffee/Light Breakfast	Light Breakfast	Everyone	Conference Area Lobby
9:00am	Call to Order & Screening "Pronouns"	Call to Order	Charles Tarver, MA	Fitzgerald Ballroom
to	Native American Welcome	Native American Welcome	Elton Naswood, et al	Fitzgerald Ballroom
	Welcome & Introduction	Welcome & Introduction - Conference Co-Chairs	James McKnight, MD & Jeffery Gardere, Ph.D.	Fitzgerald Ballroom
9:30am	Welcome	A Welcome Interview	By George K. Jordan, SOULE	Fitzgerald Ballroom
	Speaker	My Mental Health: Challenges and Accomplishments as an Afro-Latino Gay Man	Hon. Ritchie Torres (D-Bronx), NYC Council	Fitzgerald Ballroom
to 10:30am	Speaker	Moving the Dial Forward Through Innovative and Collaborative Approaches	Joanne Morne & Kraig Pannel (NYS AIDS Inst.)	Fitzgerald Ballroom
10:30 to 10:40am	BREAK	BREAK	BREAK	Lobby
Session I	Session I	Session I	Session I	Session I
10:40 AM	Concurrent 1	Microaggressions' Impact on the Individual and Our Society: Learn Interventions and Tools for Healing	Lupita González, MA	Wharton Room
	Concurrent 2	Incorporating Laban's Eight Effort Qualities in One's Mindfulness and Contemplative Practice: Empowering and Uplifting LGBTQ and Peoples of Color	Leonard Cruz, Ph.D.	Rockwell Room
to	Gilead Sciences Sponsored Workshop	HIV and Your Mental Health	George Bouldin Gates, MBA, Christopher Chauncey Watson, MHS; Gilead Sciences	Gillespie Room
	Concurrent 4	Resilient Voices of LGBTQIA Young People of Color	Lisette Marrero, MSW & William Green, MA	Astor Room – 1 (nAV)
	Concurrent 5	Tailoring Mental Health Interventions & Resources for Newcomer & Second Generation YBMSM in Toronto	Lance T. McCready, Ph.D. & David Lewis-Pearl, MA	Astor Room - 2
11:55 AM	GMHC Sponsored Workshop	Women Services Rock @GMHC: Keeping Clients Engaged and Virally Suppressed	Glynis Simmons, Hannah Hirschland, GMHC	Fitzgerald Ballroom
12:15pm to 1:15pm	LUNCH Sponsored by Gilead Sciences	Gilead Sciences Lunchtime Presentation – Sexual Health: Awareness, Action & Prevention	Derrick Butler, MD., MPH	Fitzgerald Ballroom
1:15pm to	Call to Order & Screening "Pronouns"	Call to Order	Shaheed Morris	Fitzgerald Ballroom
1:20 PM	Introduction	Introduction	Charles Tarver, MA	Fitzgerald Ballroom
1:20 to 1:50pm	Speaker	Dealing with the Stigma of Mental Health: A Personal Journey	Earl Fowlkes (Center for Black Equity)	Fitzgerald Ballroom
Session II	Session II	Session II	Session II	Session II
1:55 PM	Concurrent 1	Here Comes The Batty Bwoy: Development of Jamaican Sexual Identity in Here Comes the Sun by Nicole Dennis-Benn and Batty Bwoy by Max-Arthur Mantle	Rhone Fraser, Ph.D.	Wharton Room
	Concurrent 2	Navigating System Involvement with LGBQ Black girls: Poly-Victimization in Dual Systems	Sequoya D. Hayes, LSW	Rockwell Room
to	Concurrent 3	Sexual Healing Beyond Trauma and Post-Traumatic Stress	Robin Moulds, Ph.D.	Gillespie Room
	Concurrent 4	Mediating the Impact of Unconscious Bias and Minority Stress	Barbara E. Warren, Psy.D.	Astor Room- 1 (nAV)
	Concurrent 5	Walking in Two Worlds: Understanding the Two Spirit/Native LGBTQ Community	Lenny Hayes, MA, Elton Naswood et al	Astor Room - 2
3:10 PM	Concurrent 6	Why do LGBT same gender loving people remain faithful to religion?	Moderator: Robert Miller, Jr., Ph.D.; Charles Shorter, LMSW; Rev. Nora Ann Thompson; Kele Nkhereanye	Fitzgerald Ballroom
3:10pm to 3:20pm	BREAK	BREAK	BREAK	Lobby



Proud to support In My Mind: LGBTQ People of Color Mental Health Conference

Session III	Session III	Session III	Session III	Session III
3:20 PM	Concurrent 1	Caribbean Parents' Use of Physical Discipline and Its Effects on LGBTQ	Rosalind October-Edun, Ph.D., LMSW, CASAC	Wharton Room
to	Concurrent 2	Mindful Warriors – Championing Mental Wellbeing Through Compassion and Non-judgement	Anna Hickner, Psy.D., Mariel Gallego, Ph.D., Erica Saccente, NPP	Rockwell Room
	Concurrent 3	My self-worth is not defined by the 13 inches of my Gay BBD (big Black dick)!	Leo Donato	Gillespie Room
	Concurrent 4	Yoga & Meditation	Nanda Sahadeo	Conference Room
	Concurrent 5	Intersectional Invisibility: A Conversation on Identity/Gender	Dwayne Brown, LMSW and Jason C. Brown	Astor Room
	4:35 PM	Concurrent 6	Healing, Empowering, and Living (HEAL): Exploring PTSD and Trauma in Transgender Women of Color	Abigail Radaza; Maria Roman; Jury Candelario
4:35 to 4:45pm	Wrap up - Day 1	Wrap up - Day 1	Wrap up - Day 1	Fitzgerald Ballroom
4:45 PM	Formal Program Adjourn - Day 1	Formal Program Adjourn - Day 1	Formal Program Adjourn-Day 1	Fitzgerald Ballroom
5:00pm to 5:30pm	AICH Sponsored Performance	"Sound and Two Spirits" American Indian Community House	Sheldon Raymore and Tony Enos	Fitzgerald Ballroom
5:30pm to 7:30pm	Conference Event	Our View - LGBTQ Film Forum	Curated by Gabrielle Coles Southern Fried Filmworks	Rockwell & Gillespie Rooms

AICH NYC AMERICAN INDIAN COMMUNITY HOUSE PRESENTS **SOUND AND TWO-SPIRITS**

Lakota Wink'te PrEPahHontoz
www.PrePahHontoz.com

Cherokee Pop Artist Tony Enos
www.tonyenosmusic.com

THURSDAY, OCT 5TH, 2017
6:00-6:30PM
THE STEWART HOTEL'S FITZGERALD BALLROOM
371 7TH AVE
NEW YORK CITY

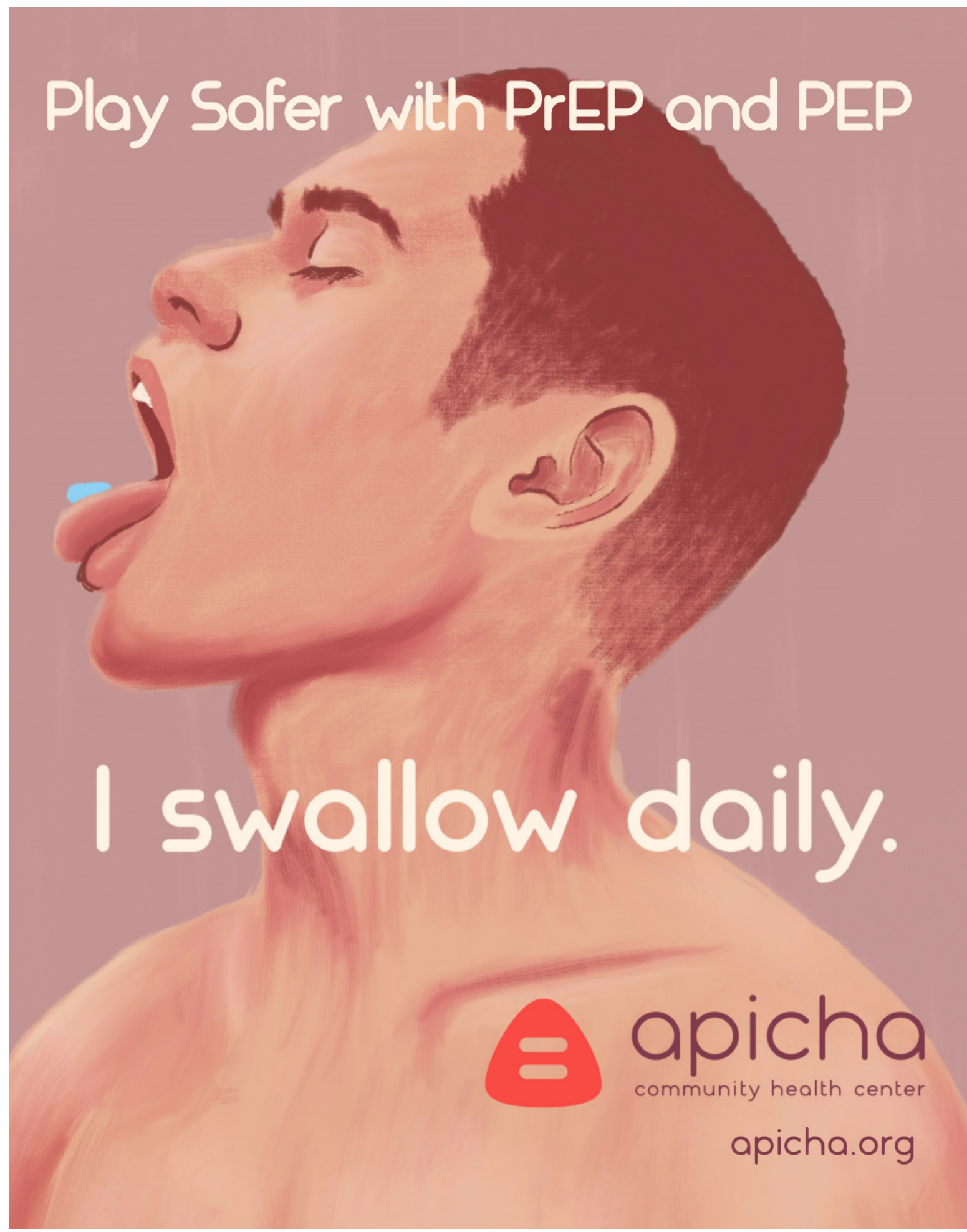
Register online <http://bit.ly/2rV4hdY>

IN MY MIND: AN LGBTO PEOPLES OF COLOR MENTAL HEALTH CONFERENCE
www.dbgm.org

"Our View"

LGBTQ Film Forum
Curated by Gabrielle Coles and Trevite Willis, Southern Fried Filmworks
Thursday, Oct 5, 6:30pm to 8:30pm
Rockwell and Gillespie Rooms

- Title: **The Commitment** by Albert Chan (2012)
Summary: A gay, interracial couple dealing with adoption and the stress it puts on their marriage. 20 mins.
- Title: **Why Does God Hate Me** by Joel McCarthy (2016)
Summary: A 14-year-old boy living in a very religious town, whose best friend Ester tries to 'cure' him of being gay. But a trip to San Francisco shows Matthew that he might not be the one who needs curing. 16 mins.
- Title: **Hope**
Summary: A lesbian short film about mental health. 8 mins.
- Title: **Pronouns** by Mike Paulucci (2017)
Summary: A teen decides to reveal their true identity with a public spoken performance, only to be interrupted by an uninvited guest. 9 mins.
- Title: **Consequence** by Peter Michael (2016)
Summary: When Ty makes the biggest mistake in his life, will he be able to fix it? 19 mins.
- Title: **Out** by Ariel Leigh Hoffmaier
Summary: Closeted Chrissy looks for courage to talk to a cute girl. 6 mins.
- Title: **Red** by Carlos Molina (2013)
Summary: A teen meets with a man that he's been flirting with online. 20 mins.
- Title: **Change** by Melissa and Jeff McCutcherson (2011)
Summary: A gay African American teenager who grapples with his identity on the night President Barack Obama was elected and Proposition 8 passed. 24 mins.





Callen-Lorde is proud to sponsor
In My Mind: LGBTQ Peoples
of Color Mental Health
Conference

“Navigating Mental Healthcare:
Concerns, Developments, Promises”

callen-lorde.org



Time	Activity	Presentation Titles	Presenter	Location
7:30am	Registration	Check In/Registration	Everyone	Lobby
to 8:45am	Light Breakfast	Light Breakfast	Everyone	Lobby
9:00am	Call to Order & Screening "Pronouns"	Call to Order - MC	Shaheed Morris	Fitzgerald Ballroom
to	InterFaith Prayer	InterFaith Prayer	Nanda Sahadeo	Fitzgerald Ballroom
9:15am	Welcome & Introduction	Welcome & Introduction	Jeffery Gardere, Ph.D. & James McKnight, MD	Fitzgerald Ballroom
9:15am to 9:45am	Speaker	Home: Creating and Sustaining Community for Black Gay Men in the 21st Century	Kenyon Farrow	Fitzgerald Ballroom
9:45am to 10:15am	Speaker	When Visibility Is Not Enough	Kiara St. James and Octavia Lewis, MPA	Fitzgerald Ballroom
Session IV	Session IV	Session IV	Session IV	Session IV
10:20 AM	Concurrent 1	The Detour Theory "Destroying Cycles and Conquering Obstacles"	Jesse Sanders, Ph.D.	Wharton Room
	Concurrent 2	WOKE: Transformative Performance Training	Sacred Walker, MDiv RDTi RMO ; Mandara Akiwumi MFA, MSC, CIM	Rockwell Room
to	Concurrent 3	Mental Health and the Roles of Support and Microaggression Within Social Networks in LGBTQ+ South Asians	Priyanka Shanmugasundaram	Gillespie Room
	Callen-Lorde Sponsored Workshop	Embracing Intimacy in Significant Relationships (working with gay men of African descent in group therapy)	Charles M. Munn, LCSW and Anthony J. Patterson, LMHC	Astor Room- 1 (nAV)
	Concurrent 5	Our Health Matters: LGBTQ Youth of Color	Gary Bailey, DHL, MSW, ACSW	Astor Room - 2
11:35 PM	GMHC Sponsored Workshop	Threshold of Trust: Why Home-Grown Mutual Aid Groups Matter and Implications for Policy & Practice	Armstrong Tingwane, MPhil. & Durell Knights, GMHC	Fitzgerald Ballroom
11:45 to 12:45pm	LUNCH	NYC DOHMH LUNCHTIME PRESENTATION – An Introduction to Mental Health First Aid	Millicent Freemsn, Ph.D., and Olivier Lusamba, MSW NYC DOHMH	Fitzgerald Ballroom
1:00am	Call to Order & Screening "Pronouns"	Call to Order - MC	Shaheed Morris	Fitzgerald Ballroom
to 1:35pm	Speaker	Insight: Mental Health Needs of Lesbian, Gay, Bisexual, Transgender and Queer People of Color	Hansel Arroyo, MD	Fitzgerald Ballroom
Session V	Session V	Session V	Session V	Session V
1:45 PM	Concurrent 1	Do you see me? Viewing Trauma Treatment Through a Cultural Lens	Adjoa Osei, Psy.D., Jessica Harbaugh, Ph.D.	Wharton Room
	Concurrent 2	Positive Youth Development with LGBTQ Youth of Color with Mental Health Issues: An Anti-Oppressive Approach to Practice	De'Shay Thomas, MSW; Lynn C. Holley, PhD, ACSW; Nora Gustavsson, PhD	Rockwell Room
to	Concurrent 3	Crisis Centers: Recognizing Intersectional LGBTQ and Racial Minorities in Suicide Crisis Care	Adam D. Swanson, MPP	Gillespie Room
	Concurrent 4	Addressing intersections of violence in the LBGTQ and HIV affected communities	Lissette Marrero, MSW; Darlene Torres, LMSW; Asia Lyons, BA	Fitzgerald Ballroom
	Concurrent 5	Here We Are Safe (Subtitle: The Need for Therapeutic/Social Supports in the Masculine Trans/GNC Community)	Jaro Montana, LMSW	Astor Room - 1
	Concurrent 6	Restoration: Implementing a trauma informed faith-based mental health model	Millicent Freeman, Ph.D., Janet Lerner, PhD, LCSW	Astor Room - 2 (nAV)
4:00 to 4:15pm	BREAK	BREAK	BREAK	Lobby
4:15pm to 4:45pm	GLAAD LGBTQ in the Media	GLAAD presents: "Media Representation and Advocacy"	Janae Williams – GLAAD	Fitzgerald Ballroom
4:45pm to 5:45pm	Community Speak Out	Community Speak Out - Having Your Say	Carmen Vasquez	Fitzgerald Ballroom
5:45pm	Wrap up Day 2	Wrap up - Day 2	Wrap up Day 2	Fitzgerald Ballroom
	Native American Closing	Closing	Lenny Hayes, Elton Naswood, et al	Fitzgerald Ballroom
	END	END	END	END
6:00 PM	END	END	END	END

About the Speakers

DBGM, Inc. Antoine B. Craigwell



Trained as a journalist, Antoine wrote for Out In Jersey magazine and The Bilerico Project, FORTUNE Small Business magazine, The Bronx Times Reporter, The New York Amsterdam News; he was the assistant editor with The Network Journal, and a contributor to mainstreet.com. He graduated from Bernard Baruch College of the City University of New York, and in 2008 he earned awards from the New York Association of Black Journalists. Antoine produced the documentary “You Are Not Alone” (www.yana-thefilm.com) and facilitates discussion forums on depression in Black gay men. In 2013 he founded DBGM, Inc. (www.dbgm.org). Antoine has presented workshops on the convergence of HIV and mental health, as a keynote speaker at several national conferences, and a panelist at a conference in Guyana. He provides trainings in cultural competency (lectures at Touro College), and HIV and Mental Health, most recently for the Washington DC Court System. He hosted the first-ever summit examining LGBT peoples of color mental health at Rutgers University, Newark Campus in 2014; spearheaded the first-ever LGBT Peoples of Color Mental Health Conference at Mt. Sinai (formerly Mt. Sinai Beth Israel) in 2015; and at the Alexander Hamilton US Customs House Building in 2016. He appeared on several radio (online, podcast – Everything EHR, and in studio – “Street Soldiers” with Lisa Evers) shows, television interviews – on ARISE TV, ABC Channel 7 “Here and Now, with Sandra Bookman”, “In Focus with Cheryl Wills” on NY1, and BRIC TV in Brooklyn. Most recently, Antoine was a guest panelist on BBC World News “Have Your Say” radio program, discussing the 2017 Oscars and the Best Picture Award to “Moonlight”. He was recently appointed to a NY State advisory committee, is a member of the NYC Regional Advisory Committee, and a NYC DOHMH LGBT advisory committee.

Fitzgerald Ballroom

Conference Co-Chair James McKnight, MD



James McKnight is a psychiatrist practicing in New York City. He was born in Florida and grew up in the Bronx. After graduating from Syracuse University with a Bachelor's degree in Biology, Dr. McKnight attended Morehouse School of Medicine where he received his Medical Degree. He attended Emory University's School of Medicine and Affiliated Hospitals to complete his internship, residency and fellowship in Child and Adolescent Psychiatry. His community work ranges from foster-parenting infants born to HIV positive women to treating and mentoring young men in a group facility in rural Georgia. Dr. McKnight worked in juvenile detention centers, residential treatment facilities, research practices and immigrant therapeutic centers, community hospitals, and in private practice. Working with the clients and staff of the Harlem Dowling Westside Center has furthered his commitment to the Colored Orphan Asylum's founding motto, “our children—our families”.

Fitzgerald Ballroom

Conference Co-Chair Jeffery Gardere, Ph.D.



Jeffery Gardere, known as “America's Psychologist” or familiarly called, “Dr. Jeff” is one of the most widely sought-after experts in the field of mental health. In addition to having a private practice in Manhattan, he has earned a reputation as a motivational and keynote speaker, and empowerment and media coach. He is an Assistant Professor and Course Director at Touro College of Osteopathic Medicine in New York City, an Adjunct Assistant Professor at City College, NYC, an Adjunct Assistant Professor at Touro Graduate School of Psychology, NYC, and a Visiting Faculty member at the American University of Antigua College of Medicine. Dr. Jeff is a consultant to the National Basketball Players Association Player Assistance/Anti-Drug Program, is an official contributor for MSNBC, NBC's “Today Show”, CBS News, and ABC News. He authored “Smart Parenting For African Americans”, Kensington Press, 1999 and 2002 (2nd Edition); co-authored with Montel Williams “Practical Parenting”, Hay House, 2001; and “Love Prescription, Ending the War Between Black Men and Women”, Kensington Press, 2002. Dr. Jeff is also the co-executive producer of the documentary “You Are Not Alone” and is an ex-officio member of DBGM's Board of Directors.

Fitzgerald Ballroom

Keynote Speaker - Hon. Ritchie Torres, (D-Bronx), NY City Council



Ritchie Torres became active in politics at an early age, first as a Fellow in the inaugural class of the Coro NY Exploring Leadership Program, and then going on to work as the Housing Director for Council Member Jimmy Vacca, before running for office. He was elected in November 2013 to represent the 15th Council District in the Central Bronx and is a Deputy Leader of the City Council, the only freshman Council Member to hold a leadership position. As Chair of the Council's Committee on Public Housing, Council Member Torres oversees the New York City Housing Authority, the largest provider of affordable housing in the country. He has introduced and enacted legislation on a wide range of issues, such as expanding job opportunities for public housing residents, protecting the City's affordable housing stock, improving mental health resources for the LGBT community, and establishing work standards for industrial laundromats. He is a leading voice on issues related to affordable and public housing, police reform, school integration and youth civic engagement. The youngest member of the City Council, Council Member Torres was profiled by numerous media outlets including The New Yorker Magazine, The New York Times, Newsweek, The New York Observer, and The New York Daily News.

Fitzgerald Ballroom

My self-worth is not defined by the 13 inches of my Gay BBD (big Black dick)!

Presented by: **Leo Donato**

The sexual objectification of Black men in the gay community by White men of a different social economic background and the self-esteem mental health effects this produces in Black gay men.

Gillespie Room

Yoga & Meditation

Guided by: **Nanda Sahadeo**

Nanda Sahadeo was born and raised in Guyana, South America. As a Hindu, her father was her first guru, who taught yoga to his children. Her formal training was done at an institute operated by the Government of India, who sent Gurujis to teach. She was trained in Classical Traditional Yoga by several different gurus, including Acharya Reddy Ji and Swami Kaivalanda Ji, who for more than 25 years has been her Guru Ji. In addition to Yoga, she is also a trained Indian classical singer and dancer, a Hindu priestess, writer and artist, and a human rights activist.

Conference Room

Intersectional Invisibility: A Conversation on Identity/Gender

Presented by: **Dwayne Brown, LMSW., and Jason C. Brown**

What happens when parts of a person's identity is made invisible? Who is responsible for making a person's identity invisible? What part of anyone's identity is most difficult to talk about in mixed company? This interactive workshop will provide an embracing environment where participants and facilitators explore, debate and discuss these questions and more. Participants will acknowledge the sensitive subject of identity and its many intersections, including its invisibility.

Astor Room

Healing, Empowering, and Living (HEAL): Exploring PTSD and Trauma in Transgender Women of Color

Presented by: **Abigail Radaza, Maria Roman, and Jury Candelario**

Transgender women of color are especially at risk for mental health issues, but face a shortage of effective, culturally competent resources and service providers. This presentation will examine post-intervention outcomes of a culturally competent, trauma-informed substance abuse treatment program adapted for transgender women of color as well as explore future strategies to improving the quality of mental health services provided to this underserved community.

Fitzgerald Ballroom

DAY 2 – Friday, Oct 6 - Session IV (11:00am to 12:15am)

The Detour Theory “Destroying Cycles and Conquering Obstacles”

Presented by: **Jesse Sanders, Ph.D.**

An all-inclusive paradigm is staged which embraces mind, body, spirit, and atmosphere, that appeals on an empowerment perspective as people seek involvement tactics toward humanistic societal modification, where adolescent communities are devastated and are suffering due to the absence of community welfare. The family, the most important unit of society, is not only the basic societal unit, it's also the sexual unit, the child-raising unit, the communication unit, and the basic friendship unit.

Wharton Room

WOKE: Transformative Performance Training

Co-Presented by: **Sacred Walker, MDiv, RDTi, RMO; Mandara Akiwumi MFA, MSC, CIM**

Join this engaging professional development training to gently and courageously lean into conversations regarding race, sexuality, and spirituality, and create original intersectional pieces regarding countertransference utilizing mixed methods. This workshop will assist participants with obtaining the following transferable skills: experientially learning how to create a container for transference and countertransference; transform patterns of intergenerational communal oppression that are internalized as social toxins, by therapist and client alike; and creatively express and re-imagine our interconnected cultural heritage to strengthen professional and personal development.

Rockwell Room

Mental Health and the Roles of Support and Microaggression Within Social Networks in LGBTQ+ South Asians

Presented by: **Priyanka Shanmugasundaram**

South Asian culture often encourages people to hide their struggles. LGBTQ+ South Asians are marginalized because of their identities, which often becomes sources of contention. How are their mental health affected? How are unique and common issues being addressed? This presentation explores the specific accounts of LGBTQ+ South Asians and how to be conscious of specific recurring themes when considering mental health and mental health care.

Gillespie Room

CALLEN-LORDE SPONSORED

Embracing Intimacy in Significant Relationships (working with gay men of African descent in group therapy)

Co-Presented by: **Charles M. Munn, LCSW, and Anthony J. Patterson, LMHC**

This presentation will explore the use of psych-education, projection, mirroring, conflict and vulnerability to enhance communication, connection and intimacy between group members in the group experience. Presenters will share findings of similarities, differences and challenges in facilitating three different groups. Role-playing and group activities will be used to deepen the workshop's attendees understanding of the material presented.

Astor Room - 1

Our Health Matters: LGBTQ Youth of Color

Presented by: **Gary Bailey, DHL, MSW, ACSW**

For mental health practitioners, it is imperative that culturally-competent mental health and substance use prevention and treatment services are available to all youth who need them. Additionally, those who interact and work with LGBTQ youth of color should stop the “blame the Victim”, and rather seriously take into consideration the intersectional issues contributing to poor mental and health outcomes.

Astor Room - 2

women for women. Over 90% of clients in this program have undetectable viral loads. Presenters will discuss strategies used to achieve these outcomes including (but not limited to), leveraging strengths of staff to meet specific needs of clients, creating a staffing structure that actively engages clients, and creating meaningful performance indicators.

Session II (1:35pm to 2:55pm)

Here Comes The Batty Bwoy: Development of Jamaican Sexual Identity in Here Comes the Sun by Nicole Dennis-Benn and Batty Bwoy by Max-Arthur Mantle

Presented by: **Rhone Fraser, Ph.D.**, Howard University, Washington, DC.

Wharton Room

This presentation is a comparison of the sexual identity development of a male gendered and female gendered LGBTQIA individual in Jamaica, captured in the works of Nicole Dennis-Benn and Max-Arthur Mantle, and how “White sexual imperialism” as defined by Sunny Woan influences the development of the sexual identity of Jamaican characters. It will also compare how these two perspectives narrate to the reader their respective “coming out” processes in a society affected by “White sexual imperialism” and discuss relationships to neocolonialism defined by Kwame Nkrumah. The presentation shows how the development of sexual identity in Jamaica is related to and influenced by the country’s economic development.

Navigating System Involvement with LGBQ Black girls: Poly-Victimization in Dual Systems

Presented by: **Sequoya D. Hayes, LSW**

Rockwell Room

Invisible at home, in school, the community and in the research, conversations on the unique biopsychosocial issues faced by system involved LGBQ Black girls are whispers. This presentation will utilize a feminist lens to examine the intersecting systems that this population occupies, seek to contextualize the multilayered implications and advancements for treatment, programs and advocacy. The presenter will discuss strategies to advocate, clinically engage and impact the overall LGBQ Black girls’ wellbeing.

Sexual Healing Beyond Trauma and Post-Traumatic Stress

Presented by: **Robin Moulds, Ph.D.**

Gillespie Room

Sexual Healing after trauma is a complex, yet self-respecting process. The stages of healing are well-documented by clinical research, methodology, and anecdotally through the narratives of trauma survivors. In this workshop, participants will be encouraged to delineate stages and cross-cultural methods of healing for trauma survivors, their allies and clinical practitioners. Participants will discuss both traditional clinical interventions for healing sexual trauma as well as alternative healing methods used by indigenous communities throughout the African Diaspora.

Mediating the Impact of Unconscious Bias and Minority Stress

Presented by: **Barbara Warren, Psy.D.**, Mt. Sinai

Astor Room - 1

This presentation will highlight how cultural competency in health and mental health care delivery, even with the best intentions and training, can be compromised by providers’ implicit or unconscious bias, and ways to mitigate biases and address the impact of minority stress on patients’ mental health .

Walking in Two Worlds: Understanding the Two Spirit/Native LGBTQ Community

Presented by: **Lenny Hayes, MA, Elton Naswood, BA**, et al – Native American Two-Spirit Communities

Astor Room - 2

This panel session will focus on mental health issues, needs and challenges of Native Lesbian, Bisexual, Gay, Transgender (LGBT) and Two Spirit (2S) individuals and provide cultural understandings for mental health strategies.

Why do LGBT same gender loving people remain faithful to religion

Moderator: **Robert Miller, Jr., Ph.D.**; **Charles Shorter, LMSW**; **Rev. Nora Ann Thompson**; **Kele Nkhereanye**

Fitzgerald Ballroom

Same-gender loving LGBT people of faith receive much criticism because they continue to practice their faith. This panel will address why these communities retain and practice their faith even when they are met with criticism. It will discuss what these communities find in belonging to their respective houses of faith and why it is important for their personal grounding.

Session III (3:00pm to 4:15pm)

Caribbean Parents’ Use of Physical Discipline and Its Effects on LGBTQ

Presented by: **Rosalind October-Edun, Ph.D.**, LMSW, CASAC

Wharton Room

This presentation raises awareness of how Caribbean parents view and deal with offspring who reveal their sexual orientation, often considered unacceptable. Additionally, the use of physical discipline as a parenting tool is discussed, thus emphasizing the need for attention to the role of culture as it relates to parenting. This presentation is appropriate for practitioners and community members, as it gives another perspective of parenting LGBTQ and how it impacts mental health.

Mindful Warriors – Championing Mental Wellbeing Through Compassion and Non-judgement

Co-Presented by: **Anna Hickner, Psy.D.**, **Mariel Gallego, Ph.D.**, **Erica Saccente, NPP**, Mt. Sinai

Rockwell Room

Presenters seek to educate participants about the intersection of living with HIV and mental health care. Participants will be educated on factors that contribute to compromised physical and mental wellness, as well as how simple mindfulness practices can enhance well-being. By introducing a series of mindfulness and compassion exercises, this workshop’s aim is to instill in participants the importance of self-care, and offer tools and resources to utilize mindfulness in their daily lives.

Co-Speaker - Johanne Morne, MS, NYS AIDS Institute “Moving the Dial Forward Through Innovative and Collaborative Approaches”



Johanne Morne is Director of the New York State Health Department’s AIDS Institute, since 2008. The AIDS Institute broadened its mission by integrating hepatitis and STD services, surveillance, opioid overdose prevention, and non-HIV LGBT services into its structure. The Institute formulates HIV, hepatitis, and STD policy; initiates, develops, and evaluates programs for the delivery of HIV-related services, hepatitis, STD prevention, health care and supportive services; establishes clinical standards and oversees quality management; educates health care providers and the public; and guides regional and statewide planning. In its more than 30-year history, the AIDS Institute provided leadership in New York State, at the national level, and internationally. Most recently, Johanne has worked closely with community stakeholders to implement the Governor’s plan to end AIDS as an epidemic in New York State by the end of 2020. The AIDS Institute is a \$500 million public health program with more than 400 staff.

Fitzgerald Ballroom

Co-Speaker - Kraig Pannell, NYS AIDS Institute “Moving the Dial Forward Through Innovative and Collaborative Approaches”



Kraig Pannell, originally from Rochester, NY, graduated from Bucknell University with a degree in Political Science. He is pursuing a graduate degree in Public Health at the State University of New York, Albany. Kraig designed and implemented the first HIV prevention and education program targeting gay men/MSM in Northeastern Pennsylvania, led HIV prevention demonstration projects across the state of Pennsylvania to inform and assist in the development of an HIV prevention plan, worked with suicidal and homicidal children and adolescents to prevent hospitalization, and coordinated a therapeutic after school program for dually diagnosed young people. Returning to New York, he was appointed Program Director with Men of Color Health Awareness (MOCHA) project in Rochester. At MOCHA, he was instrumental in securing the agency’s two federal contracts, from HRSA and OMH, for HIV prevention demonstration projects; tripled their annual budget and increased staff both in the Rochester and Buffalo offices. He is a Fellow of The Centers for Disease Control and Prevention/Association of Schools of Public Health Institute for HIV Prevention Leadership and successfully completed a multi-year training program and mentorship with the Association of Fundraising Professionals. Kraig is the Assistant Director with the LGBT Health Services Unit of the New York State Department of Health AIDS Institute, where he develops plans for LGBT Health, including program policies and standards, data management, and initiatives to address emerging needs within the LGBT communities.

Fitzgerald Ballroom

Speaker - Earl Fowlkes, Jr., Center For Black Equity “Dealing with the Stigma of Mental Health: A Personal Journey”



Earl Fowlkes serves as the President and CEO of the Center For Black Equity, Inc. (formerly the International Federation of Black Pride -IFBP). He founded the IFBP in 1999 as a coalition of organizers from the United States, Canada, the United Kingdom and South Africa to promote a multinational network of Black LGBT Pride and community-based organizations. Prior to working at the Center For Black Equity, he served for 15 years as the executive director of the DC Comprehensive AIDS Resources and Education Consortium (DC CARE Consortium) and Damien Ministries, two organizations that provided services to persons living with HIV/AIDS in Washington, DC.; he was elected to the Board of Directors of Damien Ministries in 2017. He was former chair of the Washington, DC Mayor’s GLBT Advisory Committee and is the Chair of the Washington, DC Commission on Human Rights. His political activism was focused on voter registration and getting out the vote campaigns in communities of color and to LGBT Democratic constituents. In 2009, he was appointed by then Virginia Governor, Tim Kaine, as an At-Large member of the Democratic National Committee (DNC). In August 2013, he was reappointed, and later elected Chair of the DNC LGBT Caucus; in the same year, he was one of the Grand Marshalls of the Heritage of Pride (NYC Gay Pride) Parade. In September 2014, he was given the Wanda Alston Democratic Service Award by the Gertrude Stein Democratic Club in Washington, DC, and later elected the Club’s President. Earl is considered an expert on LGBT and HIV/AIDS issues, has written many articles and op-eds, and appeared on the Roland Martin and Michael Baisden shows.

Fitzgerald Ballroom

Speaker - Kenyon Farrow, Treatment Action Group “Home: Creating and Sustaining Community for Black Gay Men in the 21st Century”



Kenyon Farrow is the US and Global Health Policy Director for Treatment Action Group, an independent AIDS research and policy think tank fighting for better treatment, a vaccine, and a cure for AIDS, TB and Hepatitis C. He recently published a qualitative research project exploring the role of community mobilization in the US HIV response in nine US cities. He was the executive director of Queers for Economic Justice, and has a long track record of community organizing work on criminalization, mass imprisonment, homelessness and HIV issues. In addition to his political work, Kenyon is a prolific essayist and author. He is the co-editor of the book “Letters from Young Activists: Today’s Rebels Speak Out”. His work appears in anthologies, including “Spirited: Affirming the Soul of Black Lesbian and Gay Identity, Against Equality: Queer Critiques of Same-Sex Marriage”, “For Colored Boys Who Have Considered Suicide When The Rainbow Is Still Not Enough”, “We Have Not Been Moved: Resisting Racism and Militarism in 21st Century America”, and “Black Gay Genius: Answering Joseph Beam’s Call”. He has published in the Atlantic, the Huffington Post, TheGrio, Colorlines, RH Reality Check, the American Prospect, and AlterNet. Kenyon was named one of Out magazine’s “Out 100 for 2008”, the Advocate magazine’s “40 Under 40” LGBT Leaders in the United States for 2010, one of Black Entertainment Television’s “Modern Black History Heroes” for 2011. He received the “Community Activist” award at Chicago Black Pride’s Esteem Awards in 2013, and the Woodhull Institute’s 2016 “Sexual Freedom Award”.

Fitzgerald Ballroom

Master of Ceremonies: Shaheed Morris, WDVM-TV



Shaheed Morris is a general assignment reporter for WDVM-TV. He previously worked as a reporter intern for The Salt Lake Tribune. He has been published in The Trentonian, The Salt Lake Tribune, The Brookings Register and on ESPN.com. He was selected by a New York Times panel of writers and editors for an extremely competitive and prestigious fellowship with The New York Times Student Journalism Institute. Shaheed is a proud native of inner-city Trenton, New Jersey. He received his Bachelor's degree in Journalism from South Dakota State University, and mentors at-risk youth. Raised by his grandmother, he is the first member of his family to graduate from college. He is actively involved with Generations United, a non-profit organization advocating for children who were raised by their grandparents. Shaheed is a member of the Philadelphia Association of Black Journalists, the National Association of Black Journalists, and the Association of Gay &

Lesbian Journalists.

**Co-Speakers – Kiara St. James and Octavia Y. Lewis, MPA
“When Visibility Is Not Enough”**



Kiara St. James is a community organizer. She was instrumental in changing discriminatory shelter policies towards the Trans community. She traveled to Vienna, Austria and joined thousands of advocates at the International AIDS Conference, to protest against pharmaceutical industries. She was a panelist in a discussion hosted by the United Nations on marginalized communities, and for more than 17 years has been meeting with legislators on passing the Gender Expression Non Discrimination Act, a bill to enrich New Yorkers' lives through creating culturally affirming spaces. Kiara is the founder of the New York Transgender Advocacy Group, a Trans-led organization intent on creating new Trans-centered and focused opportunities. She is the head of NYTAG Downstate.



Octavia Y. Lewis, MPA, is an activist, advocate, mother, scholar, and wife. She is a transgender woman of color living with HIV. With the Hetrick-Martin Institute, she led transgender-related programing and services to provide the youth with the skills needed to navigate systems designed to assist them. She assists many young people with finding their voices for self-advocacy, educating allies on their roles, and leadership skills on living an authentic life. Octavia holds an Associate in General Studies degree from Atlanta Metropolitan College, a Bachelor's degree in Business Administration/Marketing from Georgia Gwinnett College, a Master's in Public Administration/Health Services Management, and is a doctoral candidate in Public Policy and Administration at Walden University. She is currently working on the formation of the Islan Nettles Community Project, a center focused on a comprehensive approach in healing and teaching sustainability within the transgender community.

Speaker - Hansel Arroyo, MD, Mt. Sinai



“Insight: Mental Health Needs of Lesbian, Gay, Bisexual, Transgender and Queer People of Color”
Dr. Hansel Arroyo completed his training in psychiatry at Mount Sinai Hospital while completing a Psychoanalytic Fellowship at the New York Psychoanalytic Institute, and completed a Fellowship in Psychosomatic Medicine at The Mount Sinai Hospital, where he specialized in treating patients with chronic medical conditions and HIV/AIDS. He is focused on providing mental health services to underserved and marginalized populations. He is the Director of Psychiatry and Behavioral Medicine at the Institute for Advanced Medicine, Director of the Transgender Psychiatry Fellowship, lead psychiatrist at the Center for Transgender Medicine and Surgery, and Assistant Professor of Psychiatry in the Icahn School of Medicine at Mount Sinai. Dr. Arroyo is board certified in Psychosomatic Medicine, Psychiatry, and Neurology.

Lunchtime Presenter (Thursday, Oct 5, 12:00 to 1:00pm) - “Sexual Health: Awareness, Action and Prevention”



Derrick Butler, MD, MPH, Gilead Sciences
Dr. Derrick Butler is a family medicine physician and HIV Specialist practicing in South Central Los Angeles. He received his Bachelor's degree from Morehouse College in Atlanta, GA and his medical degree from the University of California, San Francisco. He serves as Associate Medical Director at the T.H.E. Health and Wellness Centers, a long standing federally qualified community health center and is the director of T.H.E Clinic's HIV Program. He also serves as an Assistant Professor with the Pacific AIDS Education and Training Center at Charles Drew University. Dr. Butler focuses on addressing the current HIV/AIDS epidemic and the health disparities of urban populations. With an additional interest in international health, he has lived in different countries on the African continent as a Peace Corps Volunteer and participated in medical missions in various parts of Africa.

Lunchtime Presenter (Friday, Oct 6, 12:30pm to 1:30pm) - “An Introduction to Mental Health First Aid”



Co-Presenters: Millicent Freeman, Ph.D. and Olivier Lusamba, MSW, NYC DOH MH
Millicent Freeman, Ph.D. is the Director of Outreach of Training at the New York City DOHMH Bureau of STD Control, and a Mental Health First Aid Trainer for Trainers. She is an Adjunct Professor at the City University of New York, Borough of Manhattan Community College. She holds a Bachelor's of Sciences degree in Health Education from Saint Augustine's College in Raleigh, NC; a Master's degree in Public Health Education from Long Island University, and a doctorate in Psychology Counseling Specialization from Capella University. She provides training and technical assistance for community-based organizations and faith leaders to raise the level of awareness about health disparities and sexual risk taking, and to assist diverse populations in the development of interventional strategies to address specific communities' needs. Millicent has conducted STD training, including HIV prevention and skills building workshops in South Africa, Nigeria; South America, and the Caribbean.



Olivier Lusamba, MSW joined the Department of Health and Mental Hygiene in 2017 as a Community Coordinator for the Mental Health First Aid Training Unit, with more than seven years of experience in policy analysis and implementation, and workforce development and human services. Previously, he was a MSW case manager at the New Jersey Institute for Social Justice, and the corporate trainer at the NYC-based ECM Acquisitions. Olivier graduated from Rutgers University School of Social Work, with a specialization in organizational management.

Fitzgerald Ballroom

GLAAD presents: “Media Representation and Advocacy”

Janae Williams, GLAAD



Janae Williams realized while as a high school teacher that it was a vocation which opened the door for her activism and advocacy work. She understood the importance of places and the potential for learning, and living to be “liberatory” for many in sexually marginalized communities. She worked with young femmes and women, Black and LGBTQI+ peoples, and many living at the intersection of other identities, to encourage these communities to envision their inclusion as they are and with their lived experiences. Janae was a Thurgood Marshall College Fund Teacher Quality and Retention Program Fellow, where she founded “All of the Above Ed”, a space for Black LGBTQI+ educators to learn, collaborate, and grow together.

Facilitator – “Community SpeakOut”

Carmen Vazquez, NYS AIDS Institute



Carmen Vazquez was born in Puerto Rico and grew up in Harlem, New York. She lists among her many accomplishments: Founding Director of the Women's Building in San Francisco; helped found the Lavender Youth Recreation and Information Center in San Francisco; and the LGBT Health and Human Services Network, a coalition of over 55 organizations and groups in New York advocating for LGBT Health and Human Services, obtaining more than \$70 million dollars in state funding for its members. She is a founder and principal author of Causes in Common (a national coalition of Reproductive Justice and LGBT Liberation activists) and of the Pride in Action programs at Empire State Pride Agenda. Carmen is the recipient of an honorary law degree from CUNY School of Law for her public interest work and her papers are part of the permanent collection at the Sophia Smith Archives at Smith College. Her essays have been published in several anthologies and she has spoken at many conferences and campus events on intersectional issues surrounding social justice and sexual freedom. She is the Director of the LGBT Health Services Unit with the AIDS Institute of the NYS Department of Health.

Fitzgerald Ballroom

Fitzgerald Ballroom

DAY 1 – Thursday, Oct 5 - Session I (10:30am to 11:45am)

Micro-Aggressions Effects: An Exploration of Self-Heal Tools and Interventions for Clients and Therapists

Presented by: **Lupita González, MA**, The Thrive Advisory LLC

Many live in an oppressive society that conditions and provides biases, and perpetrates micro-aggressions. Over time, many experience accumulated micro-aggressions as trauma. Most of people have been at the receiving end, and sometimes in the giving end. In this presentation, the presenter will assist with informing how the brain receives micro-aggressions, and how participants are affected, and will also learn to identify new coping mechanisms to shield and heal.

Wharton Room

Incorporating Laban's Eight Effort Qualities in One's Mindfulness and Contemplative Practice: Empowering and Uplifting LGBTQ and Peoples of Color

Presented by: **Leonard Cruz, Ph.D.** (Urban Education with a focus the Performing and Creative Arts) Impuls e.V. (Dance and Movement Therapy School in Bremen, Germany) The purpose of this interactive workshop is to integrate Laban Movement Analysis's (LMA) eight Effort Qualities in one's mindfulness and contemplative practice. This participatory workshop is geared to empower and uplift mental health professionals, LGBTQ and peoples of color; to explore loving kindness meditation, writing affirmations, storytelling, breathing/movement exercises and role playing.

Rockwell Room

HIV and Your Mental Health

Presented by: **George Bouldin Gates, MBA**, and **Christopher Chauncey Watson, MHS** – Gilead Sciences

“HIV and Your Mental Health” engages participants through a presentation, pre-/post-test, patient profile and handouts. The workshop will focus on mental health difficulties people living with HIV experience, the impact of mental health on physical health and HIV treatment, and how taking care of mental health is an important part of staying healthy with HIV.

Gillespie Room

Resilient Voices of LGBTQIA Young People of Color

Presented by: **Lisette Marrero, MSW** and **William Green, MA**

US Department of Health and Human Services and Stanley M. Isaacs Neighborhood Center (DYCD Funded)

Through the personal stories of youth, participants will learn how sexual orientation, gender identity, HIV and other intersections impact the lives of adolescents and young adults. Youth panelist will discuss how they learned to cope with coming out in their communities and disclosing their HIV status to loved ones and sexual/romantic partners. This emotional, dynamic and interactive experience will show how resilient and empowered young people truly are.

Astor Room - 1

Tailoring Mental Health Interventions & Resources for Newcomer & Second Generation YBMSM in Toronto

Co-Presented by: **Lance T. McCready, Ph.D.** and **David Lewis-Peart, MA**

This presentation builds on the recommendations and findings of Canadian research reports focused on African, Caribbean, Black MSM(ACBMSM) that call for mental health research and evaluation related to experiences of social oppression, marginalization and desire for safe spaces. Specifically presenters will describe their process of tailoring two mental health/social support interventions, 3MV and AFFIRM for newcomer and second generation ACBMSM residing in Toronto.

Astor Room - 2

GMHC SPONSORED

Women Services Rock @GMHC: Keeping Clients Engaged and Virally Suppressed

Presented by: **Glynis Simmons** and **Hannah Hirschland**, GMHC

GMHC's Harm Reduction Recovery program's target population of HIV-positive women with a history of substance use/abuse, is designed by

Fitzgerald Ballroom – A